

# The American School for Diving

## DIVER REGISTRATION

Diver's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Full Legal Name: \_\_\_\_\_ e-mail: \_\_\_\_\_

Home Telephone # \_\_\_\_\_ Fax # \_\_\_\_\_ Birthdate: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Name of School: \_\_\_\_\_ Grade: \_\_\_\_\_

Summer Club: \_\_\_\_\_ Summer Coach: \_\_\_\_\_

Diver's Height: \_\_\_\_\_ Diver's Weight: \_\_\_\_\_ Diver's Sex: \_\_\_\_\_

### **In case of emergency:**

Father's Name: \_\_\_\_\_ Work Phone #: \_\_\_\_\_

Father's Employer: \_\_\_\_\_ Mobile/other #: \_\_\_\_\_

Mother's Name: \_\_\_\_\_ Work Phone #: \_\_\_\_\_

Mother's Employer: \_\_\_\_\_ Mobile/other #: \_\_\_\_\_

Medical History: \_\_\_\_\_

Choice of Hospital: \_\_\_\_\_

### FOR OFFICE USE ONLY:

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Date Registration Received \_\_\_\_\_ Club Dues 1 \_\_\_\_\_ Club Dues 2 \_\_\_\_\_

Waiver Form Signed \_\_\_\_\_ Team \_\_\_\_\_ Coaching Fee \_\_\_\_\_

USD Sent \_\_\_\_\_ USD # \_\_\_\_\_ AAU# \_\_\_\_\_

NOTES: \_\_\_\_\_

# The American School for Diving

## Hand spotting

**Hand spotting is a technique used to help divers learn basic somersaulting skills. It involves the coach manipulating the athlete in the air with his or her hands.**

The primary goal of hand spotting is diver safety.

**By hand spotting the coach can help the diver complete the somersault while at the same time lesson the impact on landing.**

Only American School for Diving staff members that are trained and certified in hand spotting techniques are allowed to hand spot. ASD staff use landmarks on the body around the hips, shoulders and legs to spot. Inadvertently we will sometimes miss our landmarks. **Diver safety must be the priority.**

As a member of the American School for Diving it is your choice whether we hand spot your child. If you or your child are not comfortable being hand spotted I would recommend that you tell us and we will use alternative training methods. No diver will lose opportunity or status based on the decision to be hand spotted.

**I have read the above statement and discussed what hand spotting is with my child.**

Diver Name

\_\_\_\_\_

Print Name

Parent or Guardian

\_\_\_\_\_

Print Name

\_\_\_\_\_

Sign Name

**Please check one:**

**I agree to allow my child to be hand spotted.**

**I do not wish for my child to be hand spotted.**

# The American School for Diving

## GENERAL RELEASE AND WAIVER OF LIABILITY

In consideration of being allowed to participate in the amateur diving program conducted by Drew Johansen on behalf of The American School for Diving, including diving and related events, activities and coaching instruction, the undersigned:

1. Agree that prior to participating, or in the case of a minor participant, the parent(s) or legal guardian(s) will instruct the minor participant that prior to participating, the participant should inspect the facilities and equipment to be used, and if the participant believes anything is unsafe, the participant shall immediately advise his or her coach or supervisor of such conditions, and the participant shall refuse to participate until such unsafe condition is corrected.

2. Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including physical disfigurement, mental anguish, permanent disability (partial or total) and death, and sever social and economic losses which may result not only from their own actions, inactions or negligence, but the actions, inactions and negligence of others, the rules of play or the conditions of the premises or of any equipment used. Further acknowledge and fully understand that there may be other risks not known or reasonably foreseeable to The American School for Diving its coaches or staff.

3. Assume all risks associated with participation in The American School for Diving amateur diving program, including those set forth in the forgoing paragraph 2 whether such risks are foreseeable or unforeseeable, and accept personal responsibility for any damages resulting from an injury, disability or death resulting in whole or part from participation in The American School for Diving amateur diving program.

4. Release, waive discharge and covenant not to sue The American School for Diving, its administrators, directors, agents, officers, shareholders, coaches, other employees, other participants, sponsoring agencies, sponsor, advertisers and owners, and/or lessor of the premises used to conduct the event or instruction (collectively "Releasees") from any and all present or future claims, rights, demands, controversies, damages, actions, causes of action and/or liability of every nature and kind whatsoever, either in law or equity ("Claims") which the undersigned may have against the Releasees for claims caused or alleged to be caused in whole or in part of the actions, inactions or negligence of Releasees.

5. Undersigned fully understands that anyone of them may suffer injuries or damages that are currently unknown and that unknown complications may arise, develop or be discovered in the future. The undersigned hereby waive any rights to assert in the future any such claims not now known or suspected even though, if such claims were known, such knowledge would materially affect the terms of this release. In entering into this release, the parties declare that they fully understand that terms of this release and voluntarily enter into the release and voluntarily accept its provisions. Further, the undersigned represent that they have completely read all terms and conditions hereof, and that all such terms are fully understood and voluntarily accepted by the parties. Further, the undersigned warrant, represent and agree that they are not relying on the advise of The American School for Diving, its administrators, directors, agents, shareholders, officers, coaches, or other employees as to the legal or other consequences arising out of this release.

6. This release shall be construed in accordance with and governed by the laws of the State of North Carolina and shall be binding upon and inured to the benefit of the respective parties, their successors and assigns.

7. **Realize the responsibility to notify the diving school administrator 30 days prior to the cessation of participation with The American School for Diving. Failure to do so means I agree to pay all monthly and diving academy dues until such notification is made.**

I/ WE HAVE READ THE ABOVE WAVIER AND RELEASE, UNDERSTAND THAT I/ WE GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT AND SIGN IT VOLUNTARILY.

\_\_\_\_\_  
Athlete Signature Athlete Printed Name Date: \_\_\_\_\_  
*If athlete is under 18 years of age, a parent or legal guardian must also sign.*

\_\_\_\_\_  
Parent/Guardian Signature Parent/Guardian Printed Name Date: \_\_\_\_\_